

ITEM FACT SHEET

CHICKEN ENCHILADA – 7 OZ

Seasoned, all white meat chicken, picante sauce and pepper jack cheese in fresh tortilla shells dipped in enchilada sauce and individually wrapped in deli paper.



Nutrition Facts

24 servings per container
Serving size 1 Enchilada
 (198g)

Amount per serving
Calories 330

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 920mg	40%
Total Carbohydrate 36g	13%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%

Protein 17g	
Vitamin D 0mcg	0%
Calcium 124mg	10%
Iron 2mg	10%
Potassium 125mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



PRODUCT SPECIFICATIONS;

CODE	GTIN	DOT Code	PACK DESCRIPTION	GROSS WT.	NET WT.
109837	00015094098376	49668	24/7 OZ	11.1 LBS	10.5 LBS

SHIPPING INFORMATION;

LENGTH	WIDTH	HEIGHT	VOLUME	TI x HI	SHELF LIFE	STORAGE TEMP From/To
14 ½ IN	8 ¼ IN	4 ½ IN	0.25	13/10	540 Days	-10 FAH / 0 FAH

INGREDIENT INFO

FILLING [CHICKEN, PASTEURIZED PROCESS MONTEREY JACK WITH PEPPERS CHEESE (WATER, CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), PALM OIL, MODIFIED FOOD STARCH, WHEY, SODIUM PHOSPHATE, SALT, JALAPENO PEPPERS, XANTHAN GUM, SODIUM ALGINATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID), WATER, ONIONS, BELL PEPPERS, WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), TOMATO PASTE (TOMATOES), VINEGAR (WHITE DISTILLED VINEGAR AND FILTERED WATER), TACO SEASONING (SALT, SPICES, MALTODEXTRIN, PAPRIKA, GARLIC), SALT, ONIONS, JALAPENO PEPPERS, GARLIC, XANTHAN GUM]; **TORTILLA** [FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL, SOYBEAN OIL AND/OR CORN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SODIUM BICARBONATE, CALCIUM PROPIONATE, MONO-DIGLYCERIDE, SODIUM ACID PYROPHOSPHATE, FUMARIC ACID, ENZYMES (WHEAT STARCH, SODIUM CHLORIDE, ENZYME PREPARATION), SODIUM ALUMINUM SULFATE, RICE FLOUR, POTASSIUM SORBATE, CORNSTARCH, GUAR GUMM, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE, L-CYSTEINE); **SAUCE** [VEGETABLE OIL, WATER, SPICES, SALT, WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR)]

CONTAINS: WHEAT, SOY, MILK

HANDLING SUGGESTIONS	PREP & COOKING SUGGESTIONS	BENEFITS
All products should be kept frozen. Products may be thawed in the refrigerator to speed preparation time. Never thaw products at room temperature. Reheating cooked product or adding reheated product to fresh product is not recommended.	Product requires further cooking. Cook product to an internal temperature of 165°F. Microwave oven: microwave times may vary due to microwave wattage. Wrap in plastic wrap or place in covered microwave safe dish. Frozen: cook on high 3 ½ - 4 ½ minutes. Thawed: cook on high 1 ½ - 2 ½ minutes. Conventional oven: preheat oven to 350 °F. Frozen: place in shallow sprayed dish. Cover and cook for 40-45 min. Thawed: place in a shallow sprayed dish. Cover and cook for 15-20 min.	Ready to use. May be prepared from thawed or frozen state. Product may be heated in a microwave or conventional oven to proper temperature.